

The Sipping Point Wins a Living Now Book Award

The Sipping Point: A Crash Course in Wine by Laurie Forster, The Wine Coach®, was selected as a winner in the First Annual Living Now Book Awards. The Living Now Book Awards recognize books that help readers attain healthier, more fulfilling, and productive lives. The Sipping Point won a medal in the Cooking/Entertaining/Holiday category.

Baltimore, MD ([PRWEB](#)) May 20, 2009 -- The Sipping Point: A Crash Course in Wine by Laurie Forster, The Wine Coach®, was selected as a winner in the First Annual Living Now Book Awards. The Living Now Book Awards recognize books that help readers attain healthier, more fulfilling, and productive lives. The awards celebrate the innovation and creativity of newly published books in lifestyle categories from cooking and entertaining to fitness and travel. The Sipping Point won a medal in the Cooking/Entertaining/Holiday category.

The Sipping Point is written in Forster's unique down to earth style of approaching the simple and complex theories of wine. The book is brimming with practical and entertaining tips--from how to handle snobbish sommeliers and intimidating wine lists, to simplifying wine/food pairings, to removing a broken cork from a bottle, and even giving a memorable toast--and much more. Experts and novices alike will find answers to their most pressing wine questions, even those they were afraid to ask. With 125 pages of wine knowledge, foreword by Jim Bernau, founder of [Willamette Valley Vineyards](#), and stunning color photographs, this is a must have reference for the bar or kitchen, or the perfect gift for any wine enthusiast.

"I am so thrilled for The Sipping Point to be recognized by the Living Now Book Awards," Forster says. "Wine is fast becoming an enriching part of our everyday lives and culture in America. My goal in writing the book was to arm people with the essentials of wine without the confusing scientific garble. This way, whether selecting wine for a family meal or a business dinner, readers can sit back, relax, and enjoy every sip!"

The Living Now Book Awards are open to all newly-published books written in English and intended for the North American market. "Jenkins Group is dedicated to promoting books that enlighten readers, bring families together, and make the world a safer, healthier place," says company founder Jerrold Jenkins.

"Lifestyle publishing categories such as home, health, family and personal development are the fastest-growing segments of book publishing today," adds Jenkins Group Awards Director Jim Barnes. "These Living Now award winners make up a must-read list for gaining knowledge about the life improvement goals we'd all like to achieve."

In all, 96 medals were awarded in 28 categories and five books were named Living Now Books of the Year. The entire listing of Living Now Book Awards medalists is available at www.livingnowawards.com.

Forster will be leading corporate teambuilding seminars and signing books this summer during her book tour in Virginia, DC, New York City and beyond. Check her calendar at [The Wine Coach Website](#) for information on this and other upcoming events. To book Ms. Forster for interviews, corporate functions or keynote seminars, please contact Booking@TheWineCoach.com or by phone at 410.820.4212.



The Sipping Point: A Crash Course in Wine (TWC Press; July 2008, \$16.95; Paper; ISBN: 978-0-9817308-0-6) is available by visiting [The Sipping Point Website](#), online at [Amazon Bookstore](#) or by asking for it at your local bookstore.

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